

78TH UNITED NATIONS SUMMIT

United Nations High-level Health Summit

WICHPDF's Universal Health Coverage Proposal Sharing



SDG3



In the United Nations Sustainable Development, it is stated that "Promoting good health and eradicating disease" is a great philosophical concept, which is also the essence of Chinese medicine.

The World Intangible Cultural Heritage Organization has included the proposal of the United Nations approved intangible cultural heritage projects to promote good lifestyles to achieve the eradication of diseases in the United Nations proposal on universal health coverage.

一、singing; it was selected by the United Nations as the number one health method. The medical book "Yellow Emperor's Classic of Internal Medicine" has already made a systematic description of the relationship between singing, music and human health. It has long been proposed that the five tones (Gong, Shang, Jiao, Zheng, Yu) are the main "five organs of the heart, liver, spleen, lungs, kidneys, and through the five elements of the gold, wood, water, fire, earth theory has reflected the objective reality of the therapeutic role of music. The World Organization for Non-Heritage proposes to provide prescriptions and methods to open the middle chakra of the human body for those who want to sing well, and to provide training courses in the "Life Extension" salon.

二、 On November 16, 2010, in Nairobi, Kenya, the fifth meeting of the Intergovernmental Committee for the Safeguarding of the Intangible Cultural Heritage of the United Nations Educational, Scientific and Cultural Organization (UNESCO) examined and approved the inscription of "Traditional Chinese Medicine (TCM) and Acupuncture" on the Representative List of the Intangible Cultural Heritage of Humanity. The inscription of "Acupuncture and Moxibustion As a "business card" and a messenger of Chinese culture, Chinese medicine acupuncture has been widely recognized by the world. The World Intangible Heritage Organization also provides a non-invasive smart acupuncture for everyone to experience, which can be used in your daily lifestyle to combat daily aging by unblocking the meridians.

(Pictured above, Ms. Rana Sidani of WHO and Mr. Zhang Xunhua of the World Intangible Cultural Heritage Organization) The theme of



the event at the United Nations Summit on September 18, 23rd was "Health for All"!

三、 Third, taijiquan; in the list of "projects to be nominated for inscription on the Representative List of the Intangible Cultural Heritage of Humanity in 2020", China declared "taijiquan" alone. Local time on December 17, the United Nations Educational, Scientific and Cultural Organization in Kingston, Jamaica, announced that "taijiquan" officially inscribed on the "Representative List of the Intangible Cultural Heritage of Humanity". The World Intangible Cultural Heritage Organization has popularized an "exercise prescription" for mankind, that is, the method of eradicating diseases in the living heritage, compiled into an "exercise prescription" for each person to make targeted, personalized and effective exercise into the healthy lifestyle of all people.

The world's non-heritage launched "life-extension salon" as the carrier of online sharing, offline experience

First, online sharing; into the "Life Extension Salon" WeChat group, taught to find your "air" location, what songs can be sung, taught to find your body meridians whether the blockage of cold, taught you what is suitable for sports prescription.

Second, offline experience; teaching you to solve the problems you found online.

Weekly appointments at the Experience Center, Rockefeller Center, 1270 6th Ave 8th Floor, New York. Phone: 9178629073

Official website of World Nonprofit: www.worldichfoundation.org

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