

Meditation and Cells

A lifestyle of cellular resonance that is non-material, non-medicinal, and non-invasive



United Nations Sustainable Development Goal 3 Promoting Healthy Lifestyles



The Primordial Qi of the Universe. The Innate Qi of the Human Body

1

REPLENISH QI

Living on the breath of qi, every day, it is essential to replenish qi.

2

EMOTION WAVE

Releasing brain cells with emotional waves of 10-15Hz every day.

3

VISCERAL WAVE

Resonating visceral cells with visceral waves of 3-5Hz every day.

issues. One is the cause, and the other is the symptom. The cause contributes 70%, while the symptom accounts for 30%.

Emotions can create stress on our nervous system. This signal can then be transmitted through nerves to one of our organs, influencing the function of that organ and the flow of blood to the muscles. In turn, the muscles are connected to lymph nodes and blood vessels. This means that the stress caused by our emotions can have an impact on the entire body. The brain part that manages emotions, composed of glands, is called the limbic system, which transforms thoughts into chemical reactions. Emotions are not just thoughts; they create substances and can potentially lead to chronic diseases. Addressing these emotions and improving blood flow contributes to organ healing. When you clear old stress and emotions, it releases space for you to better cope with life's challenges.



Honored as one of the most significant medical discoveries of the 21st century, "cellular acoustics" was introduced in 2004 by Professor Gimzewski in an article published in the journal "Science." The research team, after two years of studying yeast, discovered that cells continuously move at a certain frequency from birth to death. This movement takes the form of sound, occurring within specific frequency ranges, and these frequencies represent unique meanings. From the perspective of cellular acoustics, a crucial indicator of cell health is the variation in vibration frequency. The standard resonant frequency for healthy cells ranges from 1.8 Hertz to 8.2 Hertz, known as the "cellular song." In cases of cell damage, cells emit a "scream," and before cell death, they emit a "moan." When cells undergo carcinogenesis, they produce noise. This breakthrough led to the establishment of cellular acoustics, hailed as one of the most important medical discoveries of the 21st century by experts.

The U.S. patented "Qi Acupuncture" life wave is the culmination of the forty-year clinical experience of Zhang Xunhua, the inheritor of the intangible cultural heritage Taiyi Acupuncture. Acupuncture is one of the most widely used alternative medical therapies globally. As an ancient traditional medical technique, it requires both preservation and innovation. The TYQA "Acupuncture Device" represents a new generation of products adapted to the modern demand for "non-contact diagnosis and treatment." TYQA Acupuncture Device is a non-invasive therapy that does not break the skin or cause harm, belonging to the category of high-tech wearable medical devices. It has obtained registration from the globally authoritative U.S. FDA.

Modern science interprets the effects of music on health and longevity through four main aspects: physical effects, psychological effects, physiological effects, and social interaction effects. Researchers have found that the activities of various organs in the human body have specific vibration frequencies. When these frequencies are disrupted, various discomforts may arise. Sound waves are regular oscillations of sound that, under the influence of beautiful melodies and uniform rhythms, create beneficial resonance with various vibrational systems in the body. This includes vocal cord phonation, stomach contractions, intestinal peristalsis, heartbeats, muscle contractions, and more. This produces a subtle cellular massage effect, achieving harmonious coordination of rhythms in various organs and altering the disordered states of organ function. For example, when people listen to the soothing movements of classical concertos, the body tends to move in an organized rhythm. For instance, a rapidly beating heart gradually slows down, leading to relaxation of the body, and the brain attains tranquility.

This physical effect places the physiological functions of various tissues and organs in a harmonious state, inducing beneficial changes in the body's condition and emotional responses, greatly enhancing overall physical and mental health.

What is Cellular Resonance Therapy? Discoveries in quantum physics suggest that all particles exhibit both wave and particle characteristics. Based on these properties, all matter possesses specific wavelengths or frequencies, demonstrating highly individualized characteristics. The study of biophotons is grounded in the assumption that cells communicate with each other through a form of "resonance" of frequency. Biophysicists believe that the body's biophysical level controls the biochemical level, thereby influencing the structure of substances and organs.

Trinity Resonance in Meditation

1. Why can it replenish Qi? Qi, or energy, is replenished when the entire back, Bladder meridian, and Governing Vessel (Yang meridian) resonate with Qi at the same frequency during meditation. Feeling the warmth indicates improved blood circulation, and facial dullness or discoloration will dissipate. The presence of vitality, energy, and spirit signifies the replenishing effect of Qi.

2. How are emotions released? Emotions are managed by the brain, with brain cells operating at 10-15Hz. When the Qi acupuncture emotion waves resonate with brain cells for one hour, emotions are rapidly released.

3. Can internal organs resonate? As mentioned earlier, the groundbreaking discovery of cell vibration frequencies in the 21st century reveals that before any disease occurs, cell vibration frequencies are chaotic and disordered. Qi acupuncture waves utilize super-strong, orderly energy waves to resonate with the chaotic and disordered cells within your body, following the principle of a pendulum effect. After one hour of resonance, the cells synchronize frequencies. From the perspective of cellular acoustics, the crucial indicator of cell health is the change in vibration frequency. Integrating the maintenance of healthy cell frequencies into your lifestyle can eradicate diseases.

